



FAKULTA
SOCIÁLNÍCH
STUDIÍ



JESSICA LITWAK,

newyorská režisérka, dramatička, herečka
a aktivistka usilující o mírová řešení konfliktů na
globální i místní úrovni, o vstřícnost vůči menšinám
a genderovou rovnost uvede

v pondělí 20. února 2017, od 11:30

v atriu Fakulty sociálních studií MU, Joštova 218/10, Brno

přednášku s diskusí na téma:

Sociálně angažované divadlo a strach z odlišnosti a z proměny společnosti

Přednáška je o divadelním přístupu k otázkám a strachům, které vyslovují lidé jako odezvu na aktuální situaci ve světě.

Program v angličtině, s tlumočením do češtiny.



embassy

Projekt je podpořen programem U.S. Arts Envoy, který hradí Ministerstvo zahraničí USA prostřednictvím Velvyslanectví USA v Praze.

Jessica Litwak (www.jessicalitwak.com) je registrovaná terapeutka a kvalifikovaná lektorka playback divadla, psychodramatu, sociodramatu a divadla utlačovaných. Je uměleckou ředitelkou H.E.A.T. Collective (www.heatcollective.org) a New Generation Theatre Ensemble (www.ngte.org). Vyučovala a hrála v mnoha divadlech a na univerzitách v USA i jinde ve světě (v Iráku, Libanonu, Indii, Palestině, Izraeli, Turecku, Maďarsku, Egyptě, Spojeném království a Itálii). Litwak je klíčovou členkou Theatre Without Borders a držitelkou Fulbrightova stipendia.

Dear colleagues,

Come and join us for an evening networking event with American FULBRIGHT SCHOLAR and theater activist JESSICA LITWAK.

Jessica Litwak is a performance-based activist who seeks peaceful solutions to conflicts on local and global levels, as well as greater openness towards minorities. Her performances can help to straighten out concerns, clarify issues and solve problems. New York-based Jessica Litwak (www.jessicalitwak.com) is a registered therapist and qualified instructor playback theater, psychodrama, socio-drama and the Theatre of the Oppressed. She is the Artistic Director of HEAT (Healing, Education, Activism, and Theatre), and the Generation Ensemble Theatre. More recently, she has been involved in organizing the Women's March against Trump protest movement. Ms. Litwak is currently touring around the Czech Republic, running a three-week project of the Socially Engaged Theatre in Prague, Brno, České Budějovice, Plzeň, and Ústí nad Labem.

Jessica Litwak has kindly agreed to come to PdF to meet with all of you to discuss the “Socially-engaged theatre as a teaching tool” as well as share her experiences and personal views on the post-election situation in the USA.

Event details:

Date: **Monday February 20th**

Time: **17-18.30**

Place: **The Dean's Office** (Zasedací místnost děkanátu PdF), Faculty of Education MU, Poříčí 7/9, Brno

RSVP to trapl@seznam.cz (František Trapl)



Workshop s Jessicou Litwak 18. 2. 2017

Sobota 18. února, 10 - 18 (s přestávkou na oběd), Divadelní fakulta JAMU, Mozartova 1, workshop **nebude** tlumočen do češtiny

Přihlásit se na čísle 731172474 – MgA. Lenka Remsová, Ph.D.

Témata budou vycházet z následujících témat:

Three Paradigm Acting

This course focuses on an introduction to the Three Paradigms:

1. CRAFT (Developing the actor of precision through clarity of voice and speech, movement and expression)
2. CREATIVE RISK (Developing the actor of ideas and vision through character work and composition)
3. TRUTHFUL EMOTION (Developing the actor of authenticity through kinesthetic, psychological and emotional spontaneity and moment by moment action / reaction)
Merging theories and practices of classical acting, experimental performance and method work, students will attain a toolbox of skills for future exploration and mastery. At the core of the work we will master Litwak's Voice Progression a technique for warming up the body, voice and soul in preparation for theatrical generosity.

4. Creative Voicing

Creative Voicing is a course that unites dramatic writing with voice work. At the core of the work we will master Litwak's Voice Progression a technique for warming up the body, voice and soul in preparation for expressive generosity. Its goal is to inspire people toward free, organic expression both physically and emotionally. This exciting training is based on the idea that we each have two voices: a physical voice that needs to be supple, strong and free and an inner creative voice that has something unique and true to express to the world. Each student will leave the course with a toolbox of techniques. This work can be used effectively with all types and ages of clients. It is also vital for therapists to have access to their full powerful supple range of voice for successful expression in the classroom, office with individuals and groups. In this course we will look at the relationships between Drama Therapy, Applied Theatre, Experimental Theatre, Traditional Theatre and Classical Theatre and how each of these forms can benefit individuals and communities towards meaningful personal and social change. We will explore elements of each of these disciplines through training and discussion. Moving back and forth between the purely theatrical and the more therapeutic aspects of the work, we will look at intimate meditative self-care at one end of the spectrum and utter geo-political generosity on the other. We will explore how to make great art that serves. Using Four modalities: Theatre, Drama Therapy, Applied Theatre, and Peace & Conflict Resolution with Three concentrations: Ensemble, Training, and Production

implementing Two original techniques: The Progression and Creative Voicing to achieve One Mission: Personal and community transformation.

5. H.E.A.T./ Socially Engaged Theatre/

H.E.A.T. is an acronym for Healing, Education, Activism and Theatre. The practices from this body of knowledge include techniques of Drama Therapy (healing) Applied Theatre (education) Performance and Peacebuilding, (activism) and Three Paradigm Acting (theatre). Using the four disciplines of the H.E.A.T. Collective Litwak merges aspects of drama therapy, research, social justice and high level theatre skills This workshop provides unique and important skills for creating Theatre for Social Change. A balance between active creative work and vibrant discussion, the workshop moves between theory and practice. In this intensive action- packed workshop, participants are introduced to Conflict Transformation techniques, Lederach's Moral Imagination, Ethical Guidelines for Practice, Voice and Improvisation, Drama Therapy (Playback, Psychodrama and Sociometry), Community and Ensemble Building, Composition and Viewpoints, Theatre Of The Oppressed techniques. From these varied tools, the students will develop project ideas alone and in groups and then create useful, generous, and provocative theatre art that serves.

6. The Voice Progression

Litwak's Voice Progression is a technique for warming up the body, voice and soul in preparation for expressive generosity. Its goal is to inspire people toward free, organic expression both physically and emotionally. The progression brings participants from Connection to Self to Communication with Others (Quiet Self Care to Loud Generous Engagement)

1. Grounding and Breath-
2. Sound: First sound. Organic source of sound in body.
4. Resonance: Tasting vibrations.
5. Articulation: focus on communication, the muscles of articulation in the face and body.
6. Projection: volume grows with intention, singing
7. Listening, Generous communication, moving into improvisation and Viewpoints.
8. Text.